



## TYPICAL MYOZEST™ BENEFITS:

- ✓ **HELP BUILD LEAN AND DENSE MUSCLE MASS\***
- ✓ **SUPPORT MUSCLE AND BONE TISSUE GROWTH AND RECOVERY\***
- ✓ **HELP IMPROVE PERFORMANCE, STRENGTH, AND ENDURANCE\***

## COMPETITIVE ADVANTAGE:

- Excellent source of protein post-workout or as a meal replacement
- Only protein blend of its kind formulated for serious & professional athletes
- Contains no soy protein so it does not have the "estrogenic effect" of soy
- Banned Substance Free. Excellent protein for Natural and Professional Athletes
- Highest Biological Value (BV) of any protein formula of its kind
- Low in calories, no saturated fats & no trans fat
- Has one of the lowest calories per serving. Nearly 90 percent of calories from Protein

**MyoZest™** is an ultra premium blend of 100% Pure Whey Protein Isolate and Essential Vitamins and Minerals.

**MyoZest™** is an excellent source of protein after prolonged or intense workout because it has a superior Amino Acid profile which helps build lean muscle mass, reduce muscle breakdown, promote rapid recovery and helps you lose weight. Ideal for professional bodybuilders and anyone who wants to build lean muscle, MyoZest™ contains one of the highest amounts of protein per gram because it is made with Whey Protein Isolate, the purest form of whey protein.\*

MyoZest™ has the highest Biological Value (BV) of any protein formula of its kind. BV is one of the most often used methods of assessing protein quality. It measures the amount of nitrogen retained in comparison to the amount of nitrogen absorbed. With its high BV, MyoZest™ is also highly digestible and bio-available (or well absorbed).

Unlike most protein supplements, **MyoZest™** contains no soy protein or soy products, which have been shown to have "estrogenic effects." While soy has many health and nutritional benefits, it has been shown to decrease testosterone levels by up to 17% in men. Let MyoZest™ help you build real muscle and help you lose weight!\*



**KOFLEX SPORTS NUTRITION** *Where Natural Athletes Fuel Up™*

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## Supplement Facts

Serving Size: **1 Scoop** (Approx. 39.3 g)  
Servings Per Container: **Approx. 24**

	Amount Per Serving	% Daily Value
Calories:	<b>140</b>	
Calories from fat:	<b>0</b>	
Total Fat	<b>0.5g</b>	<1% †
Saturated Fat	<b>0g</b>	0%
Cholesterol	<b>&lt;5mg</b>	1% †
Total Carbohydrates	<b>3g</b>	1% †
Dietary Fiber	<b>&lt;1g</b>	3% †
Sugar	<b>0g</b>	††
Protein	<b>30g</b>	60% †
Vitamin A (Palmitate)	1250iu	25%
Vitamin C (as Ascorbic Acid)	15mg	25%
Vitamin D (as Cholecalciferol)	100iu	25%
Vitamin E (from dl-Alpha Tocopheryl Acetate)	7.5iu	25%
Vitamin K (as Phytonadione)	20mcg	25%
Vitamin B1 (Thiamine Mononitrate)	375mcg	25%
Vitamin B2 (Riboflavin)	425mcg	25%
Vitamin B3 (Niacinamide)	5 mg	25%
Vitamin B6 (Pyridoxine HCl)	0.5 mg	25%
Vitamin B9 (Folate)	100 mcg	25%
Vitamin B12 (Cyanocobalamin)	1.5 mcg	25%
Vitamin H (D Biotin)	75mcg	25%
Vitamin B5 (D Calcium pantothenate)	2.5 mg	25%
Calcium	215mg	21%
Phosphorus (from Dicalcium Phosphate)	48 mg	4%
Iodine (from Potassium Iodide)	37.5 mcg	25%
Magnesium (oxide)	100 mg	25%
Zinc (Sulfate)	3.75mg	25%
Selenium	17.5 mcg	25%
Copper (Gluconate)	0.5mg	25%
Manganese (sulfate)	0.5mg	25%
Chromium (Chloride)	30 mcg	25%
Molybdenum (Sodium Molybdate)	18.75 mcg	25%
Chloride	135mg	4%
Sodium	148mg	6%
Potassium	119mg	3%

† Percent daily value are based on a 2000 calorie diet.  
†† Percent daily value not established.

**Other Ingredients:** Whey Protein Isolate (micro-filtered instantized); Dutch Chocolate (cocoa powder)/Creamy Vanilla; Natural & Artificial Flavors, Vitamin & Mineral Mix, Sodium Chloride, Guar Gum, Sucralose

**Contains:** Milk products

## AMINO ACID PROFILE OF MyoZest™ (milligrams per 100 gram of Pure Protein)

Essential Amino Acids	Amount (mg)	Conditionally Essential Amino Acid	Amount (mg)	Non-Essential Amino Acids	Amount (mg)
Tryptophan	1561	Arginine	2335	Aspartic Acid	8505
Valine (BCAA)	4283	Cysteine	2002	Serine	3417
Threonine	3942	Tyrosine	3369	Glycine	1607
Isoleucine (BCAA)	4153	Histidine	1449	Alanine	4469
Leucine (BCAA)	10094	Proline	4363		
Lysine	7901	Glutamic Acid	13696		
Phenylalanine	2932				
Methionine	1913				



### MIXING DIRECTIONS:

#### Blender

- Add one scoop of MyoZest™ to a blender filled with 6-8 fl oz of water, milk, or your favorite beverage. Cover and blend for 20-30 seconds. Add 3-5 ice cubes then blend for an additional 30 seconds and serve. Enjoy!
- For a delicious MyoZest™ smoothie, try adding your favorite fruit, peanut butter, yogurt, and any other ingredient to your blended MyoZest™ smoothie. Enjoy!

#### Shaker

- Fill a shaker bottle with 6-8 fl. oz. of water, milk, or your favorite beverage. Add one scoop of MyoZest™, cover and shake for 20-30 seconds. Enjoy!

**Suggested Use:** For optimal results, consume approximately 1 gram of protein per pound of body weight per day from a combination of MyoZest™ and high protein food. Consult your doctor or nutritionist for your precise recommendation. Each serving of MyoZest™ provides 30 grams of pure protein

**Notice:** Use this product as a food supplement only. As with any supplement, if you have any health condition, taking prescription medication(s), or if you are pregnant or nursing a baby, contact your physician before using this product.

CONTENTS SOLD BY WEIGHT, NOT VOLUME.  
SOME SETTLING MAY OCCUR.

**Voluntary Allergen Statement** - Manufactured in a facility that handles: Eggs, Wheat, Milk, Tree Nuts, Peanuts, Soybeans, Crustacean Shellfish and Fish.

KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, IN A DRY PLACE. FOR BEST RESULTS, USE WITHIN TWO (2) MONTHS OF OPENING.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Competitive advantage based on label claim only. Individual results may vary.



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